



TOOTHBRUSHING CHART

MY NAME IS

Colour in the stars when you brush your teeth

WEEK 1 WEEK 2 WEEK 3 WEEK 4

MON

MORNING 

NIGHT 



TUE

MORNING 

NIGHT 



WED

MORNING 

NIGHT 



THU

MORNING 

NIGHT 



FRI

MORNING 

NIGHT 



SAT

MORNING 

NIGHT 



SUN

MORNING 

NIGHT 

