

# Dentist Dentist



Children love role-playing games and there is nothing they love more than when you role-play with them. Role-play is a fundamental building block for children's understanding of the world. By playing in this way, they learn how things work and how to behave.

1.

Sit in a chair and have the "dentist" give you a check-up. Or let your child keep a doll or toy in the bathroom and be responsible for keeping its teeth clean and healthy.

2.

You could even give your child a separate brush especially for the toy. Looking after their toys this way encourages children to look after their own teeth, too.

3.

To get kids excited about brushing, try playing a simple game where your child is a dentist who has to examine your mouth and brush your teeth. Then swap places!

Dentist Dentist is whatever game you want it to be - the key thing is to have fun getting your child to role-play around oral healthcare. It doesn't matter if they're not brushing perfectly - taking part counts the most at this age.



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