



Brush for two minutes
twice a day and see if you
can fill in the whole chart
with checks!

Toothbrushing chart



Tick the boxes when you
have brushed your teeth

MORNING

NIGHT

	MORNING	NIGHT
MONDAY	<input type="checkbox"/>	<input type="checkbox"/>
TUESDAY	<input type="checkbox"/>	<input type="checkbox"/>
WEDNESDAY	<input type="checkbox"/>	<input type="checkbox"/>
THURSDAY	<input type="checkbox"/>	<input type="checkbox"/>
FRIDAY	<input type="checkbox"/>	<input type="checkbox"/>
SATURDAY	<input type="checkbox"/>	<input type="checkbox"/>
SUNDAY	<input type="checkbox"/>	<input type="checkbox"/>



Aquafresh
amazing

my name is