

# Dentist Dentist



Children love role-playing games and there is nothing they love more than when you role-play with them. Role-play is a fundamental building block for children's understanding of the world. By playing in this way, they learn how things work and how to behave.

1.

Sit in a chair and have the "dentist" give you a check-up. Or let your child keep a doll or toy in the bathroom and be responsible for keeping its teeth clean and healthy.

2.

You could even give your child a separate brush especially for the toy. Looking after their toys in this way encourages children to look after their own teeth, too.

3.

To get kids excited about brushing, try playing a simple game where your child is a dentist who has to examine your mouth and brush your teeth. Then swap places!

Dentist Dentist is whatever game you want it to be - the key thing is to have fun getting your child to role-play around oral healthcare. It doesn't matter if they're not brushing perfectly - taking part counts the most at this age.



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